

## **Joints**

### **I. Vertebral column**

#### **A. Intervertebral symphysis (G. a growing together)**

classification – symphysis

movements – contributes to movements (flexion/extension, lateral flexion & rotation) of vertebral column

#### **B. Facet (zygapophyseal)**

classification – synovial plane (gliding)

movements – contributes to movements (flexion/extension, lateral flexion & rotation) of vertebral column